## Throughout the Day prayer cards (prayers are "traditional")

Print out, punch a hole, and hook them together with a key ring. Or cut them out and post on a mirror or a door.

You are God: we praise you; You are the Lord; we acclaim you; You are the eternal Creator: All the world worships you.	Thank you for the world so sweet, Thank you for the food we eat, Thank you for the birds that sing, Thank you, God for everything. Amen	You are worthy at all times to be praised by happy voices, O Son of God, O Giver of Life, and to be glorified through all the worlds.
Be our light in the darkness, O Lord, and in your great mercy defend us from all perils and dangers of this night; for the love of your only Son, our Savior Jesus Christ. Amen.	Lord Jesus, stay with us, for evening is at hand and the day is past; be our companion in the way, kindle our hearts, and awaken hope, that we may know you as you are revealed in Scripture and the breaking of bread. Grant this for the sake of your love. Amen.	Keep watch, dear Lord, with those who work, or watch, or weep this night, and give your angels charge over those who sleep. Tend the sick, Lord Christ; give rest to the weary, bless the dying, soothe the suffering, pity the afflicted, shield the joyous; and all for your love's sake. Amen.
Let the words of my mouth and the meditation of my heart be acceptable in your sight, O Lord, my strength and my redeemer. Psalm 19:14	For this new morning with its light, For rest and shelter of the night, For health and food, for love and friends. For everything Thy goodness sends, We thank You, dearest Lord. Amen.	Lord God, you have brought us in safety to this new day: Preserve us with your power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. Amen.