



# Prayer Sticks

Items needed:

- A pot to hold the sticks
- Popsicle sticks
- Pens or fine point markers
- Prayers

Write a short prayer, blessing or quote on a popsicle stick. Put yours into the pile & pick out another.

## Ideas for using them

This can be an ongoing activity. Keep a short can or cup with written prayer sticks and a pile of blank ones. People can take one as needed and write one when they want.

This can also be done from one group of people to another. One group can write and decorate the prayers and give them to another group.

- This would be a wonderful outreach project for retirement homes, etc.
- You could also write prayers to send people off on a pilgrimage.
- You could draw pictures, and give them to people who speak another language or to children



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